

Forest School Activities for home

In these times when we are all spending more time on screens, here are 10 fantastic activities to get your children out and about and away from the screen!

1 . Create a **mud kitchen** with old pots and pans, whisks, jugs, spoons etc. This can keep small children in particular entertained for a long time making mud pies, potions, perfumes etc!



2 . Go on a **nature scavenger hunt**. First create your list e.g: Y shaped stick, rock, something yellow, something smooth, moss etc (there are lots of lists online.) Then go and hunt!!

3 . Create your own **story stones**. Decide on a story (or create your own), then collect some stones and paint/colour them to represent the main parts of the story. You can then retell it or even change it to make a new story e.g: The 3 Bad Pigs!

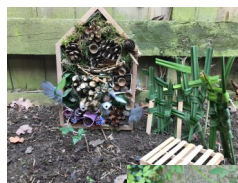


4 . Make your own **nature jar**. Grab an old jar out of the recycling and give it a good wash. Go for a walk and collect natural objects to create a small world in your jar. You could even add small toys/lego people.

4 . Make your own **loo roll bird feeder**. Grab loo roll tube out of the recycling. Next spread lard around it and then roll it in bird seed. Hang it up somewhere you can see it and watch to see which winged visitors come to feed! Follow this link for more info and great ideas...<https://www.rspb.org.uk/get-involved/activities/birdwatch/birdwatch-extra/make-your-own-loo-roll-bird-feeders/>

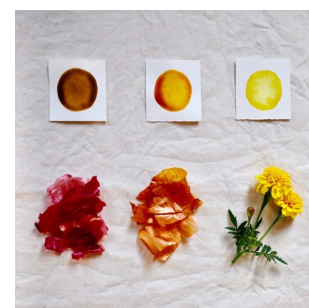


6 . Build a **bug hotel**. This can be as big or as small as you like! Try using old pallets, tin cans, pine cones, sticks, bricks...pretty much anything you find lying around. Then get creative! You will soon find that your hotel is full of visitors!



7 . Design a **natural map**. Create a map of your garden or a nearby park out of natural materials. Can you add in features like paths, swings etc?

8 . Invent some **natural paints**. Use a bowl to mash up leaves, flowers or berries and add a little water. What colours can you make? Can you paint a picture with them? Spices such as turmeric also make some excellent natural paints! **Remember to wash your hands after!**



9 . Make a **log dog**. Find a log or large stick and decorate it to look a little like a dog. Give it a name and take it for a walk!

10 . Make some **leaf/bark rubbings**. Go for a walk and make a collection of different leaves/bark. Place a piece of paper over the top and use a wax crayon to rub over it.



Get outside and have some fun!

Best wishes,

The Forest School Team